**HEDIS® Measure – Important Facts**

**ANTIDEPRESSANT MEDICATION MANAGEMENT (AMM)**

**Measure Description:**
The percentage of members 18 years of age and older with a *diagnosis of major depression* and *were treated with antidepressant medication*, and *who remained on an antidepressant medication treatment* (please note that NCQA will post a comprehensive list of medications and NDC codes to [www.ncqa.org](http://www.ncqa.org) by November 2, 2015)

Two rates are reported:
- **Effective Acute Phase Treatment.** The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks).
- **Effective Continuation Phase Treatment.** The percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

**Codes to Identify Major Depression:** (see ICD 10 codes)

**Codes for Outpatient Visits:**
- **AMM Stand Alone Visits Value Set:**
  - CPT Codes: 90804-90815, 98960-98962, 99078, 99201-99205, 99211-99215, 99217-99220, 99241-99245, 99341-99345, 99347-99350, 99384-99387, 99394-99397, 99401-00404, 99411, 99412, 99510
  - UB REV Codes: 0510, 0513, 0515-0517, 0519-0523, 0526-0529, 0900-0905, 0907, 0911-0917, 0919, 0982, 0983

- **AMM Visits Value Set with AMM POS Value Set:**
  - POS Codes: 03,05,07,09,11,12,13,14,15,20,22,24,33,49,50,52,53,71,72

- **AN ED Visit (ED Value Set) with any diagnosis of major depression:**
  - UB REV Codes: 0450-0452, 0456, 0459, 0981

**Why This Measure is Important:**

**Studies indicate:**
- approximately one-half of patients, either from psychiatric or primary care settings, will be non-adherent to antidepressant treatment
- reasons behind patient non-adherence to antidepressants include confusion over dosing, concerns/complaints about side effects as well as lack of sufficient patient education and follow up
- dosing frequency impacts compliance; delayedReleased technology that decreases frequency of dosing has been shown to enhance compliance
- Patients who were compliant with antidepressant medication for 6 months were twice as likely to comply with their medical treatment (i.e. diabetes, CAD) compared with non-adherent patients.

**Sources:**

You can access more information @ [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3398686/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3398686/)


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*Blue Cross of Northeastern Pennsylvania is committed to Quality Care for all of its members. This is accomplished through the use of Best Practice Clinical Guidelines.*